



Monarc Subfascial Hammock (Suburethral Sling)

The Monarc subfascial hammock is used to treat urinary incontinence. During the procedure two small incisions are made near the inner thigh and pubic bone and a small incision is made in the vagina. A synthetic material is placed underneath the urethra to support it and allow it to close more tightly. A catheter will be placed in your bladder to drain urine for a time right after the procedure. The catheter will be removed prior to your discharge. If you are unable to urinate then the catheter may need to be placed again until normal urination resumes.

You should avoid sexual intercourse, heavy lifting or rigorous exercise for six weeks after your operation.

Your incontinence may be treated with medications or various types of surgery. The choice to use the Monarc subfascial hammock has been made based on your condition and your particular needs. It is important that you understand your preoperative diagnosis and the other conservative versus surgical therapies that are available to you.

RISKS OF SURGERY: As with any surgical procedure complications may occur. These may include but are not limited to:

- Complications of anesthesia,
- Infection,
- Bleeding or hemorrhage possibly requiring transfusion,
- Postoperative complications or death,
- Deep venous thrombosis or pulmonary embolus,
- Injuries to the bladder or urethra.

After your surgery, if your bladder does not empty properly, you may have to wear a catheter for an extra day or so. You may incur minimal pain. For approximately 4 – 6 weeks, you should avoid sexual activity, heavy lifting and rigorous exercise.